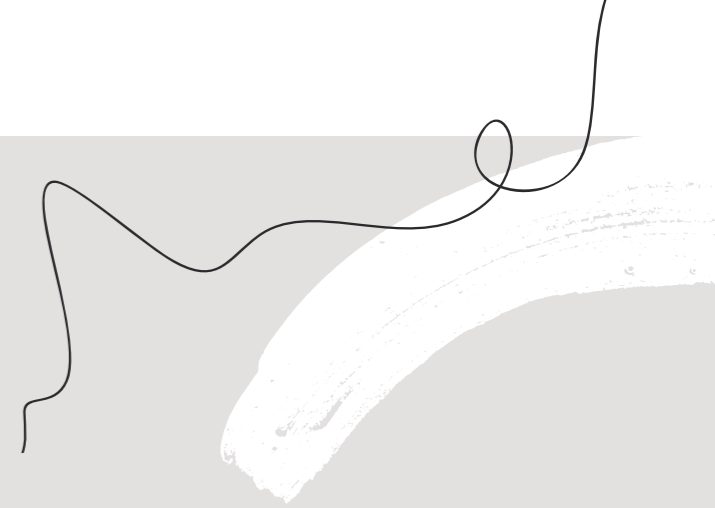


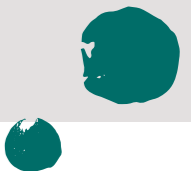


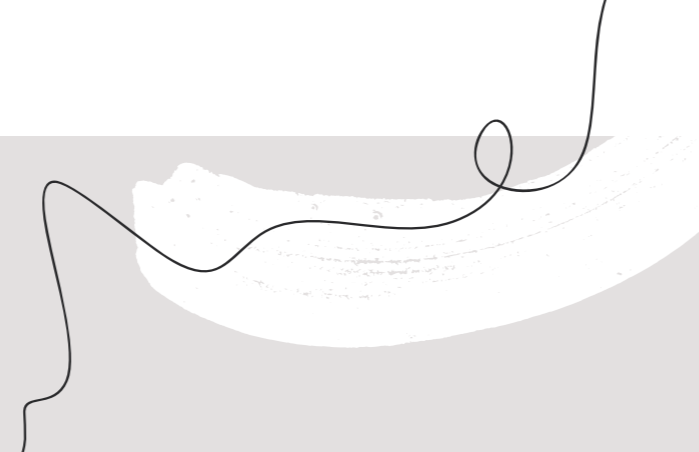
SPA  
MENU

*Mahmaison*



If you're looking for a quick fix, regular beauty maintenance, luxurious spa day or even the perfect place for that special occasion, Malmaison Spa is the place you have been searching for, offering the very best in luxury Spa and Beauty treatments. Pamper yourself with our range of relaxing ESPA and Nimue face and body treatments and day spa packages. This is the inner-city escape you've been looking for.





## ESPA FACIALS

Reveal skin that glows each day with natural health and beauty. By assessing your skin, lifestyle and wellbeing needs, our ESPA Experts create a truly personalised, results-focused facial using the latest innovative techniques with our powerful Tri-Active™ blends. Results are both instant and long-lasting – skin looks clear, radiant and inner calm is blissfully restored.

### ESPA INNER BEAUTY FACIAL

60 MINS £65

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your skin's precise needs, Tri-Active™ formulas work immediately to transform your complexion while pure aromatherapeutic oils encompass your mind. Skin looks clear, quenched, naturally beautiful, and inner calm is blissfully restored.

### ESPA OPTIMAL SKIN HEALTH FACIAL

60 MINS £65

Visibly revive skin's natural beauty, balance and health. Achieving instant results with long-lasting benefits, this intelligent facial harnesses nature's most potent actives alongside high performance massage to deeply cleanse, refine and hydrate skin. You emerge with a smooth, profoundly nourished complexion, glowing with natural health.

### ESPA INTENSE REGENERATING FACIAL

60 MINS £65

Visibly diminish wrinkles and fine lines with this powerfully age-defying facial. Instantly effective, naturally renewing formulas combine with restorative massage to noticeably tone, plump and intensely hydrate mature skin. Youthful radiance is awakened and your skin is left feeling beautifully refined, soft and supple.

### ESPA EXPRESS FACIAL

30 MINS £40

Reveal a clear, refreshed, naturally beautiful complexion with this express facial. Personalised to your needs, natural active formulas cleanse, rebalance and hydrate while aromatic essential oils capture your mind, leaving you looking and feeling relaxed and radiant.





## ADVANCED FACIALS

*Only available at selected spas, please check upon booking*

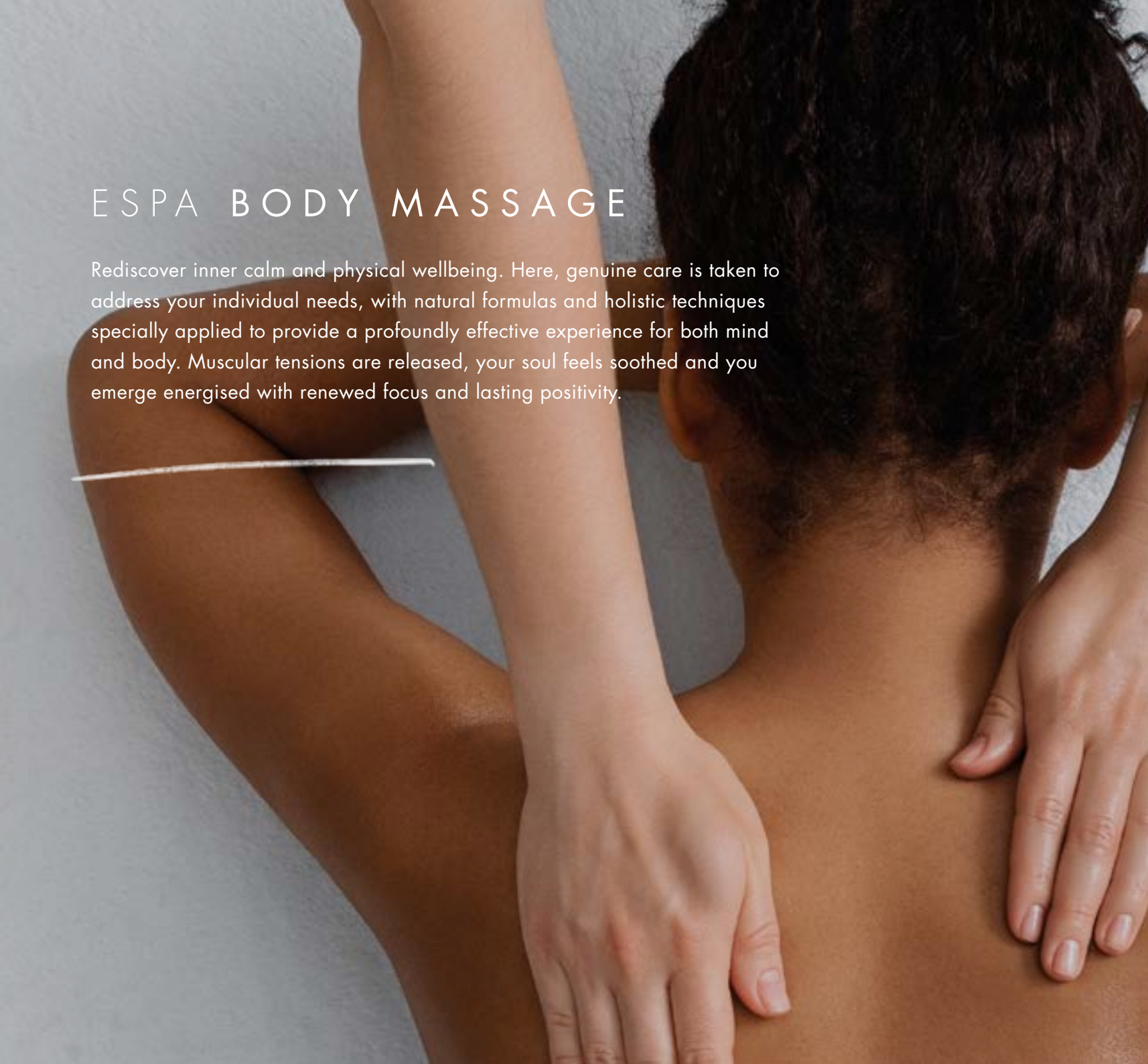
### ESPA INSTANT RADIANCE FACIAL 90 MINS £95

Brighten and revitalise with this intense, instantly effective facial. Innovative formulas unlock nature's power to transform a fatigued or lacklustre complexion. Fresh, toned, radiantly healthy-looking skin emerges and your natural glow is restored.

### ESPA NATURAL FACE LIFT 90 MINS £110

This specialised facial is the complete approach to skin health using cutting edge pre and probiotic technology combined with the same benefits of physical exercise to detoxify, invigorate, sculpt and relax. Powerful age-defying techniques inspired by Japanese Kobido massage, along with stimulating jade rollers give instant results, leaving the skin firm, lifted and beautifully radiant.



A photograph of a person's back and shoulders being massaged by two hands. The person has dark, curly hair and is lying on a light-colored surface. The hands are positioned on the upper back and shoulder blades. The lighting is soft and natural, highlighting the texture of the skin and the hair.

## ESPA BODY MASSAGE

Rediscover inner calm and physical wellbeing. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed and you emerge energised with renewed focus and lasting positivity.

### ESPA INNER CALM MASSAGE

30/60 MINS £40/£67

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced, energy renewed and inner calm beautifully restored.

### ESPA DEEP MUSCLE MASSAGE

30/60 MINS £45/£72


Restore comfort, suppleness and movement with this intensely effective massage. Active stretching and specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energised.

### ESPA HOT STONE MASSAGE

30/60 MINS £45/£72

Discover lasting relaxation for mind and body with this aromatherapeutic treatment. Tailored massage with hot stones unravels persistent muscular tightness and discomfort while pure, aromatic essential oils encompass the mind to relieve stress, recharge spirits and leave you feeling rejuvenated.

90 minute massages are available at York from £92

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## ESPA BODY TREATMENTS

Guided entirely by your personal needs, expect instant and long-lasting results from these profoundly renewing rituals. Unique in every sense, they make use of nature's most powerful and effective actives and oils, coupled with innovative techniques from our expert therapists. Your body feels rebalanced and skin's natural beauty is restored.

### ESPA BACK, FACE & SCALP TREATMENT 90 MINS £95

Unravel tension, instantly boost your complexion and restore inner calm with our most renowned treatment. Targeted massage techniques combine with the purest aromatherapy oils and a highly-personalised facial helping you to look and feel your very best – restored, de-stressed and beautifully radiant.

### ESPA TOTAL HOLISTIC BODY CARE TREATMENT 90 MINS £95

An all-encompassing top to toe luxury treatment, full body skin brushing and exfoliation, full body massage, scalp massage and facial pressure point massage.

### ESPA BODY WRAP 60 MINS £65

Purify your body or deeply replenish your skin with this personalised body wrap. Reveal instant results from naturally detoxifying Algae or nourishing Marine Mud. Skin looks refined, toned and beautifully radiant, while a soothing scalp massage restores inner calm.

### ESPA FULL BODY SALT & OIL EXFOLIATION 30 MINS £40

Revive skin's natural softness and glow with this intensely exfoliating treatment. An ideal way to prepare skin for other treatments, a natural blend of sea salt and the purest oils polishes away dull, dry cells and infuses skin with rich nourishment. Skin feels smooth, supple and looks radiantly healthy.

### ESPA LIFE SAVING BACK TREATMENT 45 MINS £60

A deep cleansing, smoothing and stress relieving treatment for both your back and the back of your legs. Your body will be brushed and polished for that next level of exfoliation followed by a massage to stimulate the circulatory system. The treatment will be complete after skin specific masks and moisturisers have been applied for optimally radiant results.

### ESPA SCALP MASSAGE 30 MINS £36

A deeply relaxing massage for those who hold tension in their neck, shoulders or suffer from headaches. Focusing on acupuncture points in the shoulders, neck and scalp, helping to stimulate and relieve tension.




## NIMUE SKIN TECHNOLOGY

The leaders in scientific skincare.

Nimue Skin Technology is a derma-cosmeceutical brand that was developed in 1994 by leading skincare scientists aimed at the cosmetic surgery market for pre and postoperative application.

Nimue's advanced and powerful formulations effectively treat the majority of skin concerns including: fine lines, wrinkles, sagging, pigmentation, uneven skin tone, dryness, oiliness, acne, rosacea and eczema.

Nimue's world-class formulations are based on exceptional ingredients. Nimue is committed to cutting-edge research and development that ensures continuous creation of advanced skin treatment products and professional treatments.



The powerful advanced formulas of Nimue Skin Technology treatments and products are now available at Malmaison Spa.

### NIMUE THERAPEUTIC FACIAL TREATMENT 45 MINS £45

This exfoliation, massage and masking treatment results in a revived, refreshed, smoother and softer skin, supporting all conditions including uneven skin tone, sun damage, oily and congested skin and sensitised skin.

### THERMAL DETOX FACIAL PEEL 30 MINS £45

A detoxifying, warming flash treatment peel that deep cleanses, exfoliates and oxygenates your skin, removing impurities and excess oil, softening fine lines and wrinkles and increasing hydration.

### NIMUE ACTIVE REJUVENATION FACIAL TREATMENT 60 MINS £65

A specialised, active, skin rejuvenation treatment that targets sun damage, wrinkles uneven skin tone and enlarged pores resulting in increased elasticity, renewed radiance and overall skin smoothness.

### NIMUE DEEP CLEANSE FACIAL TREATMENT 45 MINS £39

Designed to deep cleanse problematic skin with pustules, oiliness and congestion. It effectively purifies and clarifies helping to refine the skin texture.

## ESPA PRE-NATAL RELAX & RESTORE

Nurture your changing body and calm your mind with this beautifully comforting treatment. Personalised to your needs and stage of pregnancy, the purest, most gentle formulas smooth and nourish skin while expert massage soothes tight, tender muscles and invokes a state of blissful relaxation.

BACK MASSAGE 30 MINS £46

FULL BODY MASSAGE 60 MINS £73

PRE/POST-NATAL BODY  
TREATMENT 90 MINS £95

## HANDS & FEET

Using Vinylux polish, a two-step, fast drying and long lasting 7 day wear and Shellac gel polish, a superior nail service with 14 day gel nail system.

VINYLUX PRESCRIPTIVE MANICURE 60 MINS £35

Nail and cuticle tidy, hand and arm massage and application of colour.

VINYLUX DELUXE MANICURE

75 MINS £40

Incorporating the prescriptive manicure, thermal mittens are then applied with a deeply nourishing hand mask, softening the skin and improving circulation.

VINYLUX PRESCRIPTIVE PEDICURE

60 MINS £40

Nail and cuticle tidy, foot and leg massage and application of colour.

VINYLUX DELUXE PEDICURE

75 MINS £45

Incorporating the prescriptive pedicure, thermal booties are then applied with a deeply nourishing foot mask, softening the skin and improving circulation.

*Upgrade to shellac with any of the above for an additional £10 per service*

Vinylux file and polish hands 30 mins £20

Vinylux file and polish feet 30 mins £20

Shellac application only 30 mins £35

Shellac soak off only 30 mins £15

Shellac soak off and application 60 mins £37.50



## WAXING

Using only the finest resins, natural ingredients and aromatherapy oils, Lycon delivers superior performance, removing stubborn hair as short as 1mm. The elite Lycon brand offers a choice of waxes complemented by pre and post waxing lotions allowing the right combination to be tailored for your complete satisfaction.

	LYCON STRIP WAX	LYCON HOT WAX
FULL LEG	£38	-
HALF LEG	£28	-
FULL ARM	£22	-
FOREARM	£16	-
UNDERARM	£16	£18
EYEBROWS	£11	£13
LIP AND CHIN	£13	£16
LIP OR CHIN	£9	£11
BIKINI	-	£22
EXTENDED BIKINI	-	£24
BRAZILIAN	-	£34
HOLLYWOOD	-	£40

## BROW/LASH TINT

EYEBROW TINT\* £10

EYEBROW TINT\* & SHAPE £15

EYELASH TINT\* £15

EYEBROW & EYELASH TINT\* £20

EYEBROW SHAPE, EYEBROW TINT & EYELASH TINT\* £25

\*24 hour patch test required

## HIGH DEFINITION BROWS

£35 PER TREATMENT

Available at selected Spas

The most recognised brow brand in the UK – offering more than just a treatment, this is an experience. Completely bespoke.

## SPRAY TANNING

Available at selected Spas

This multi award-winning Spray Tan transforms the skin, leaving you with a long-lasting, flawless tan.

MOROCCAN CLASSIC SPRAY TAN  
£25 20 MINS

MOROCCAN DARK TAN  
£25 20 MINS

NEW MOROCCAN EXPRESS TAN  
£28 20 MINS

This new Express Tan has a faster developing time between 1-3 hours depending on your desirable shade.

PRE-TAN EXFOLIATION  
£15 15 MINS

7 DAY TOP-UP TAN  
£15 15 MINS

## LASH EXTENSIONS

Available at selected Spas

Semi-permanent lashes are natural looking, weightless and can last up to 6 weeks! No need for mascara which means you can shower, exercise, swim, sleep and even cry without worrying about your fabulous new look.

FULL SET SEMI-PERMANENT EYELASH EXTENSIONS  
£65 90 MINS

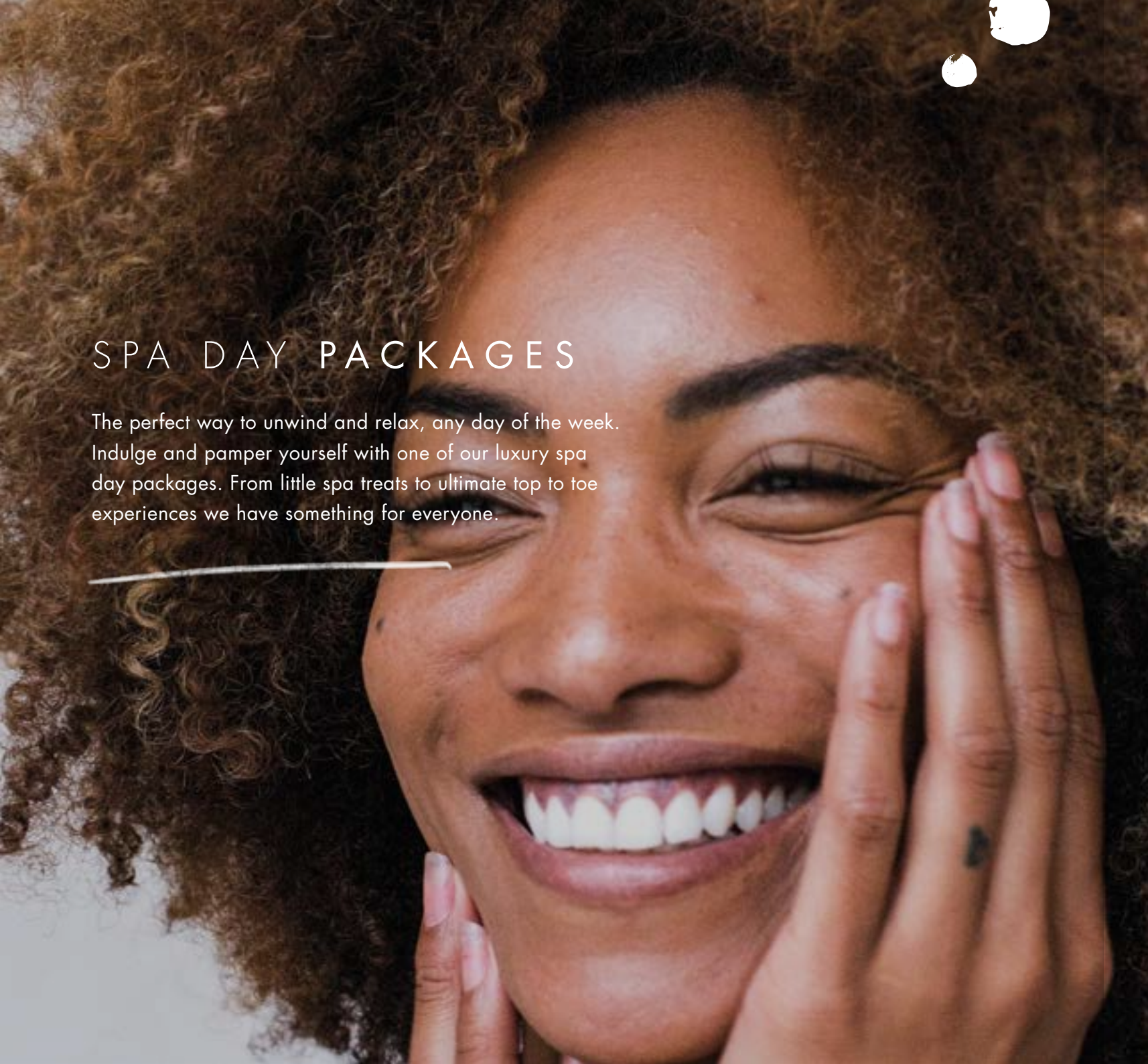
SEMI-PERMANENT EYELASH INFILLS  
£29 45 MINS (every 2-3 wks)

EXPRESS LASHES  
£40 45 MINS (includes removal)

LASHUS - THE LIFT  
£45 60 MINS

This works with the client's natural lashes, creating the appearance of longer, thicker, more visible lashes. By straightening the natural lashes at the root, the treatment instantly gives extra definition as an alternative to lash extensions.

To complete the look, a tint is performed on both the upper and lower sets of lashes to give the client instant drama.



## SPA DAY PACKAGES

The perfect way to unwind and relax, any day of the week. Indulge and pamper yourself with one of our luxury spa day packages. From little spa treats to ultimate top to toe experiences we have something for everyone.

### ULTIMATE TOP TO TOE EXPERIENCE

Exfoliating Salt Scrub, Full Body Massage with Hot Stones, Regenerating Facial with Firming Eye Treatment, Deluxe Manicure, Deluxe Pedicure. Lunch with a glass of fizz and chocolates.

WEEKDAY £265

WEEKEND £275

4½ hours plus lunch

### TOTAL INDULGENCE DAY

ESPA Inner Calm Full Body Massage, ESPA Inner Beauty Facial, Prescriptive Manicure or Pedicure. Lunch with a glass of fizz and chocolates.

WEEKDAY £175

WEEKEND £185

3 hours plus lunch

### HALF DAY HOLISTIC

ESPA Inner Beauty Facial, ESPA Inner Calm Back Massage, Prescriptive Manicure or Pedicure. Lunch with a glass of fizz and chocolates.

WEEKDAY £145

WEEKEND £155

2½ hours plus lunch

### FOR HIM

Life Saving Back Treatment, Purifying Facial and Scalp Massage, Executive Hand or Foot Care and lunch.

WEEKDAY £155

WEEKEND £165

2½ hours plus lunch

## YUMMY MUMMY

Pre/Post Natal Treatment includes: Full Body Exfoliation, Back Massage, ESPA Scalp Massage, Prescriptive Manicure or Pedicure. Lunch and chocolates.

WEEKDAY £135

WEEKEND £145

2½ hours plus lunch

## MALMAISON SPA TREAT

Choose from one of the following 60 minute treatments: ESPA Inner Calm Full Body Massage, ESPA Inner Beauty Facial, Express Facial and Back Massage, Exfoliating Salt Scrub and Back Massage, Deluxe Manicure or Deluxe Pedicure. Lunch with a glass of fizz and chocolates.

WEEKDAY £85

WEEKEND £95

1 hour plus lunch

## MIDWEEK MAL MOMENT

Choose from one of the following 30 minute treatments: ESPA Inner Calm Back Massage, Express Facial, ESPA Scalp Massage, Salt & Oil Scrub, Gel Application on Hands or Feet. Includes lunch.

Available Monday - Thursday Only.

£59 ½ hour plus lunch

## AFTERNOON TEA SPA

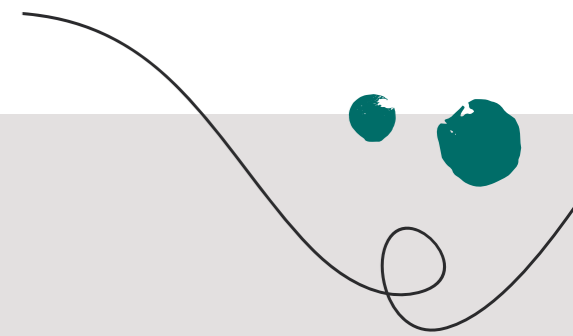
2 x 30 minute treatments each – choose from Back Massage, Scalp Massage, Express Facial, Salt Scrub or File and Polish on hands or feet. Towel, robe and slippers & afternoon tea.

WEEKDAY £90 PER PERSON

WEEKEND £100 PER PERSON

For pricing & availability please visit website.





## OVERNIGHT SPA EXPERIENCES

### SPA NIGHT IN

- 30 minute spa treatment
- Accommodation
- 2 course meal
- Full cooked breakfast
- Cocktail per person

### SUNDAY SLUMBER

- 30 minute spa treatment
- Accommodation
- Full cooked breakfast

# HEN PARTY HEAVEN

Book cocktail afternoon tea from 12.30pm

*Served in Chez Mal brasserie*

Arrival to spa from 3pm

Glass of Prosecco on arrival in the spa followed by

File and Polish on hands or feet

Check into accommodation

Refresh the morning after with:

Full cooked breakfast

30 min spa pamper, choose from: ESPA Rejuvenating Foot Massage, ESPA Eye

Treatment or ESPA Scalp Massage

*Add an evening cocktail master class - price available on enquiry.*

Don't see a package that suits your needs?

Please call us and we can happily make a bespoke package for you!





Malmaison

malmaison.com